

Informed Consent for Bioidentical Hormones for Males

Patient Name: _____ Date: _____

Your physician will be prescribing bio identical hormones to improve your health in the form of oral medication or transdermal creams or injections. Bio-identical hormones are biologically identical to the hormones that your testes adrenal glands produced when you were young. There are many health benefits from replacing bio-identical that include cardiovascular protection, improvement in lipids, increased bone density, and significant weight loss with burning of belly also called visceral fat, improvement in skin elasticity with collagen production, improvement in cognitive function with alleviation of brain fog, and prevention of dementia.

Bio-identical hormones are generally made in compounding pharmacies which are specialty pharmacies fully certified and held to very highly standards. They obtain the pure product and prepare the appropriate customized dosage for each patient. Medications administered to patients from compounding pharmacies are considered "off label." The American Medical Association states that "off Label" prescribing is completely appropriate when it is in the best interest of the patient and based on credible published scientific data supporting the drug used in that manner. You physician will adjust the dosage to optimize your levels based on the current literature as well as symptoms improvement.

Many practitioners think just because the lab falls within the normal range that everything is okay. Our goal is to optimize your hormones which means getting the levels to the higher end of normal or perhaps even higher if necessary. This is based on sound scientific medical principles.

Our goal is to also optimize your nutritional status, hormone status, improve your level of inflammation as well as your general health. This approach can actually delay aging and improve both lifespan and health span. There is a tremendous amount of research and evidence-based treatment in the area of hormone replacement. Unfortunately, many practitioners are stuck in the outdated methodologies and only treat patients based on their laboratory values with the reference ranges that include the old sick individuals.

Your physicians may push your hormones to higher levels than most physicians understand unless you have had specialty training in this area.

We base our treatment on relief of symptoms as well as prevention of disease and not numbers on a laboratory reference range. We use bio-identical hormones such as Testosterone. Also may utilize thyroid hormones which may be compounded or from retail pharmacy.

The risks of taking bio-identical hormone therapy is minimal although it has been shown to be extremely safe with tremendous benefits. Some of the risks although rare include blood clots, increase in the hemoglobin concentration, fluid retention, there may be an increase in muscle mass which is generally desirable in men.

I understand initial blood tests will be performed to establish my baseline along with periodic blood work monitor my hormones levels. I will notify my physician of any adverse reactions or problems related to hormone therapy.

I have not been promised or guaranteed any specific from this therapy. Hormone therapy for rejuvenation purposes is a new specialty and there are no guarantees.

I agree the role of my physician at Pinnacle Wellness Group is for hormone replacement and agree to have a primary care physician for all other medical conditions. I will not seek hormones treatment elsewhere while I am being treated at Pinnacle Wellness Group.

I understand that insurance companies generally do not pay for bio-identical hormone therapy and I agreed to pay for services rendered. Some medications may be paid for by insurance such as Armour Thyroid but most are not as they are prepared custom for you at a compounding pharmacy. Many laboratory studies may be covered by insurance.

I have read and understand all of the above consent and agree to treatment with bio-identical hormone therapy. I accept risks which are rare and understand the benefits far outweigh the risks.

Patient Signature: _____ Date: _____

Physician Signature: _____ Date: _____
